



Special Education Virtual Learning

High School Transition- Washing Dishes

April 6, 2020



Special Education Transition

Lesson: April 13, 2020

Learning Target:
Students will independently wash dishes

Background: This is a review lesson cooking at school

- Students learn to wash dishes using a visual schedule and prompting
- Students learn to wash dishes using a task analysis and minimal prompting
- Students will learn to wash dishes without visuals and without prompting

Let's Get Started:

Watch Videos below:

1. [Dishwashing by Hand](#)
2. [Dishwashing in the sink](#)



Practice #1:

What supplies do you need to wash dishes?

Think back to the videos.
Your sink at home and
supplies could look
different from the videos
and our sink at school.

Washing the Dishes



dish washing soap

1 You need:



sponge

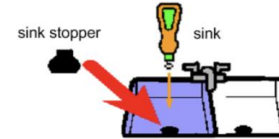


warm water

2 Turn on the warm water



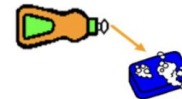
3 Put the stopper in the sink, add a little soap
and let the sink fill with warm water



4 Move all the dishes to the side filled with water



5 Add a little soap to the sponge and squeeze to make bubbles

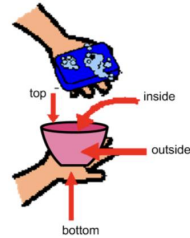


Practice #2:

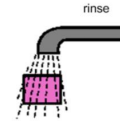
What do you do after you scrub the dishes?

Remember to
scrub your dishes
until they have no
food left on them.

6 Scrub the dishes all over with the sponge -- inside, outside, top and bottom



7 Rinse the dish with clean warm water to get off all the soap



8 Set the clean dishes neatly in the dish dryer rack



9 Rinse and squeeze out your sponge. Put it away.



10 Dry the clean dishes with a clean dish towel



Practice #3:

What do you do before you wipe the counters clean?

Remember to
ask for help if
you need it.

11 Put the dishes away in the cabinets and drawers



12 Wipe the counters to clean up any water



13 Wash your hands



14 You are finished washing the dishes!



Practice on your own:

Go to this website:

[Washing Dishes Game](#)

1. Play the game on your computer
2. Remember to scrub dishes until all the food is gone.
3. Follow the visual directions to clean the dishes.
4. Wash all of the dishes until they are all clean.



MORE Practice on your own:
Go to this website: [Dirty Dishes](#)

1. Select PLAY NOW, then scrub the dishes until they are clean.
2. Continue on to the next level until you are finished.



PLAY NOW

Practice: Have an adult watch you wash dishes and complete the [task analysis](#).

I = student
independently
performed skill with
no help

PN = student needed
prompt to complete
the step

H = student needed
help completing the
step from an adult
that was more than
just a verbal prompt

	I	PN	H
1 Get Supplies			
2 Turn on warm water			
3 Put stopper in the sink, add soap and fill with warm water			
4 Move all dishes in side with water			
5 Add soap to sponge			
6 scrub the dishes all over with sponge			
7 Rinse all the dishes in warm water until soap is gone			
8 Set the clean dishes in dryer rack			
9 Rinse and squeeze the sponge			
10 Dry and clean dishes a clean dish towel			
11 Put away all the dishes			
12 Wipe the counters to clean up water			
13 Wash your hands			

Completing the Task Analysis in a Google Doc

1. Click on “Task Analysis” and the link will take you to a google doc.
2. Make a copy of the google doc
3. Have an adult read the instructions for marking the correct level of independence for each step.
4. Have an adult watch you wash dishes while filling out the task analysis.
5. Put an “X” in the correct independence level for each step.
6. The next slide has a sample copy of a completed task analysis
7. Use the task analysis to see what steps you need help with to become more independent.

Sample of Complete Task Analysis

	I	PN	H
1 Get Supplies	X		
2 Turn on warm water	X		
3 Put stopper in the sink, add soap and fill with warm water	X		
4 Move all dishes in side with water	X		
5 Add soap to sponge		X	
6 scrub the dishes all over with sponge	X		
7 Rinse all the dishes in warm water until soap is gone			X
8 Set the clean dishes in dryer rack	X		
9 Rinse and squeeze the sponge	X		
10 Dry and clean dishes a clean dish towel	X		
11 Put away all the dishes	X		
12 Wipe the counters to clean up water	X		
13 Wash your hands	X		

Independent Practice

Click on each link for worksheets



[Level 1](#)

[Level 2](#)

[Level 3](#)




[Washing Dishes Visual](#)

Self Check:

Share with someone at home the steps to wash dishes.



1. Can you complete this skill?

- ☐ Independently 
- ☐ I needed some prompts 
- ☐ I needed a lot of help 

2. After a meal at home, wash all the dishes.

